



THE SEA TROUT INN

Nibbles

Marinated olives.	4	Fresh bread, smoked trout mousse.	4.5
Honey glazed chorizo/ local sausages.	4.5	Pork scratchings, burnt apple puree.	4
House pickled cockles.	4.5		

Small plates

Smoked cod fishcake 6.5
Poached egg, asparagus, capers, dill.

Smoked sea trout rillettes 6.5
apple, horseradish and watercress salad.

Glazed pig cheek 6.5
bacon, cabbage and apple.

Duck liver parfait 6
duck toast, roasted figs.

Chicken, black pudding scotched egg and Piccalilli 6
Heritage tomatoes, croutons, oregano, aged olive oil.

Charred asparagus 6
garlic potatoes, crisp almonds, chermoula dressing.

Seasonal soup, fresh bread. 6.5

Large plates

Cured sea trout 17
Crab and dill sauce, sea greens.

Pan fried red mullet 17
Scallop, ribbon courgettes, pesto, tempura scallop roe.

Local beer battered haddock 14
Tripple cooked chips, mushy peas, curry sauce, tartar.

Local beer braised lamb and kidney faggots 15
Minted spring greens, jus.

Steak and ale pie 13
Tripple cooked chips, gravy, peas.

Pork schnitzel 14
Duck egg, black pudding, caper butter, Parma ham.

Squash rendang curry 13
Jasmin rice, coriander, lime, flatbread.

Asparagus and local blue cheese tart 13
Purple potato salad and watercress.

Sandwiches, ciabattas

Served with slaw and dressed leaves.

Rump steak, beer braised onions, monterey Jack.	8	Fish fingers, tartar, gem lettuce.	7
BLT, smoked bacon, gem lettuce, tomato.	7	Local cheddar & spring onion mayonnaise, rocket.	6.5
Smoked sea trout, cream cheese, rocket.	8	Roasted red peppers, olive tapanade, rocket.	6.5



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Burgers

Crisp buttermilk chicken, paprika

Chilli and garlic sauce, lime yogurt, citrus slaw.

13

British steak burger

Monterey jack, beer braised onions, gherkin, burger sauce, gem, tomato.

13

Haloumi hash burger

Portobello mushroom, rocket, pesto mayo.

12.5

From the Grill

10oz rib eye.	21
12oz rump.	17
Corne fed chicken supreme.	15
Pork chop.	14

All served with tripple cooked chips, roasted vine tomatoes, portobello mushroom, watercress.

Add a Sauce. All 2.5

Red wine jus.
Brandy and mixed Peppercorn.
Garlic and herb.
Sauce diane.

Sides

Tripple cooked chips with toppers, all 5

Bacon, cheddar and crisp onions.
Pork schnitzel, curry sauce.
Squash rendang curry, coriander yogurt.

House vegetables.	3.5
House salad.	3.5
Garlic sauted potatoes.	3.5
Purple potato salad.	3
Confit garlic, parsley ciabata with cheddar.	3.5

Desserts

Lemon meringue pie	6	Cheesecake	6
Hazelnut ice cream, hazelnut puree, hazelnut and lemon thyme crumb.		Irish cream and chocolate Whisky snap	
Sticky toffee pudding	6	Chocolate brownie	6
Salted caramel sauce, vanilla ice cream.		Raspberry ice cream with raspberry & chocolate sauce	
Treacle tart	6	Selection of local cheeses	8
Toast orange compote, orange ice cream.		Pickles, port jelly, biscuits.	
		Local ice creams and sorbets	5